# Animals! SENSORY KIT

This sensory kit contains books and materials to be used at home with your family. You can use the ideas listed below for guidance on how to use these items.

• Sensory Kits are available for checkout for 21 days and cannot be renewed.

After using the kit at home, please complete a brief

• Please return this kit to the circulation desk and not in a book drop.

survey about your family's experience.

• Please report any missing or broken materials to a library staff member.







## Wiggle Animals

- Use as calming fidgets to help regulate while listening to a story or during transitions.
- Encourage imaginative play (e.g., "Can you make your snake slither through a jungle made of pillows?").
- Practice fine motor control by posing the animals or making them perform movements.

#### **Textured Bean Bags**

- Create a "texture walk" by placing bean bags in a row to explore.
- Use for gentle tossing games, matching by texture, or identifying textures blindfolded.
- Use for calming weighted input by placing bean bags on shoulders or lap.

#### **Finger Maze Mats**

- Use to develop finger strength and focus while tracing with a finger or small animal figure.
- Pair with breathing exercises (e.g., inhale while tracing, exhale while finishing the maze).
  - Use for pre-writing practice and calming sensory input.











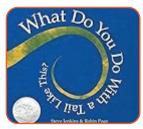
LFPL's sensory kits are made possible by generous funding from WHAS Crusade for Children, the Library Advisory Commission, and the Library Foundation.













#### **Counting & Sorting Animals**

- Sort animals by color, type, size, or number of legs.
- Make animal patterns (e.g., bear-bear-elephantbear-bear-elephant).
- Hide animals in a sensory bin (rice, beans, kinetic sand) for a tactile scavenger hunt.

### **Penguin Liquid Timer**

- Use as a visual timer for guiet breaks or transitions.
- Encourage focused watching as a calming visual activity.
- Pair with deep breathing (inhale-watch the penguin, exhale-watch it float).

#### **Snap-Together Animals**

- Practice matching top and bottom halves or mix to create silly combinations.
- Encourage storytelling: "Tell a story about your made-up animal!"
- Promote fine motor coordination by snapping and unsnapping pieces.

#### Little Kids First Bia Book of Animals by Catherine D. Hughes

- Flip through and match toy animals to book photos.
- Choose an animal and mimic how it moves or sounds.
- Use animal facts to inspire pretend play or drawing activities.

#### What Do You Do with a Tail Like This? by Steve Jenkins

- Act out the animal actions described (e.g., slapping with a tail, seeing with eyes).
- Use with the snap-together or sorting animals to match animals to pages.
- Encourage discussion: "What would you do with a tail like that?"

#### From Head to Toe by Eric Carle

- Act out each movement together (stomp, clap, wiggle).
- Use as a warm-up or movement break activity.
- Pair with the finger maze or wiggle animals to compare big body vs. fine motor movements.

**Questions?** Visit LFPL.org/SensoryKit or call (502) 574-1620.



