

Texture! SENSORY KIT

This sensory kit contains books and materials to be used at home with your family. You can use the ideas listed below for guidance on how to use these items.

- *Sensory Kits are available for checkout for 21 days and cannot be renewed.*
- *Please return this kit to the circulation desk and not in a book drop.*
- *Please report any missing or broken materials to a library staff member.*



After using the kit at home, please complete a brief survey about your family's experience. ►



Sequin Flip Maps

- Encourage calming, repetitive motion by "drawing" shapes or letters with fingers.
- Play emotion games (draw a happy/sad face and talk about feelings).
- Use for transitions: "Flip your mat 5 times, and then we'll read a book!"



Squish Balls

- Squeeze to self-regulate during storytime or quiet activities.
- Use for hand strengthening or as a fidget during focus tasks.
- Count the bumps on the toy.



Textured Bean Bags

- Play a toss and catch game while naming the textures.
- Match textures while blindfolded or with eyes closed.
- Use for gentle weighted input on hands, shoulders, or knees.

continued ►



Squish Shapes

- Use in a sensory bin or during bath time for tactile exploration.
- Encourage language by describing each shape's feel ("bumpy," "goeey," "stretchy").
- Pretend play (for example, "The squishy frog wants to hop across a rough rock!").



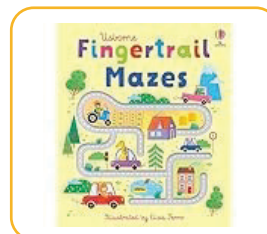
3D Pin Art

- Press different textures into it. Try a textured toy, a shell, or a fabric swatch.
- Make imprints with fingers, palms, or faces for body awareness play.
- Play guessing games. Make a shape and have someone guess what it is.



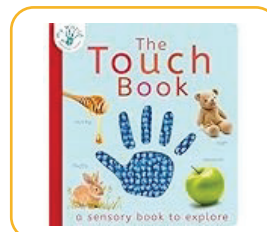
Silicone "String" Activity Mat

- Recreate shapes and pictures.
- Pull and stretch pieces for proprioceptive input.
- Use for calming during transitions or periods of over-stimulation.



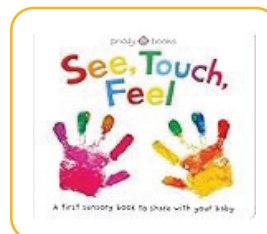
Fingertail Mazes by Felicity Brooks

- Use for calming focus before or after high-energy play.
- Pair with breathing or mindfulness activities ("breathe in while tracing, breathe out when done").
- Encourage use of both hands to support bilateral coordination.



The Touch Book by Nicola Edwards

- Use descriptive language to compare textures ("Which is rougher—this or that?").
- Let the child pick a favorite page and search for real-life textures at home.
- Pair with movement ("This page is bumpy. Can we find something bumpy to walk on?").



See, Touch, Feel by Roger Priddy

- Name the textures aloud to build vocabulary.
- Encourage imitation ("Can you pat like the baby in the book?").
- Match items from the kit to the book's textures.



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Questions? Visit LFPL.org/SensoryKit or call (502) 574-1620.